

DEPARTMENT OF CLINICAL NUTRITION & DIETETICS, FERNANDEZ HOSPITAL,
FHERF IN COLLABORATION WITH IAPEN TELANGANA CHAPTER
INVITE YOU TO AN INSIGHTFUL CME

Decoding PCOS: Hormones, Metabolism and Nutrition – An Integrated Care

📅 14 April (Tuesday) 2026 ⌚ 2.30-5.00 PM
📍 2nd Flr, Conference Hall, Fernandez School
of Nursing, Banjara Hills, Hyderabad



A focused clinical update bringing together experts to simplify the complexities of PCOS and highlight an integrated, evidence-based approach to management

Why Attend

Gain a powerful understanding of PCOS through multidisciplinary perspectives and walk away with **evidence-based strategies** to enhance patient care. This CME brings clarity, collaboration, and clinical relevance to a condition that is often misunderstood.

Key Highlights

- Integrated medical–nutritional approach to PCOS
- Expert clinical sessions by endocrinologist, gynaecologists & nutrition specialists
 - PCOS treatment strategies & multimodal approach
 - Understanding PCOS — A Quick Overview
- Panel discussion on clinical cases with multidisciplinary team
- Practical, clinic-ready takeaways

Who Should Attend

Ideal for dietitians, clinicians, and postgraduate students involved in women's health, metabolism, or nutrition care. Beneficial for professionals working in PCOS management, lifestyle counseling, and metabolic health clinics.

Contact Information

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Registration link for
IAPEN members

**Fees
FREE**
(but mandatory)

<https://forms.cloud.microsoft/r/2cmKwBLK8t>

Registration link for
Non-IAPEN members

**Fees
Rs. 100**

<https://rzp.io/rzp/Nlqx0W7i>



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