

ASSESS. PALPATE. PLAN

A Simulation Workshop for Safe Antenatal Care

Safe antenatal care begins with skilled assessment, thoughtful interpretation, and timely planning. This one-day, hands-on simulation workshop is designed to strengthen core clinical competencies that form the foundation of quality antenatal practice.

“Assess Palpate Plan” focuses on building confidence in systematic antenatal assessment, accurate abdominal examination, & structured care planning, skills that directly impact maternal and fetal outcomes in everyday clinical settings.

OVERVIEW

This is a one-day intensive programme aimed at strengthening structured assessment and clinical decision-making. Aligned with recommendations from the World Health Organization and standards guided by the Indian Nursing Council, the workshop emphasises:

- Accurate history taking
- Focused abdominal palpation
- Intelligent intermittent auscultation
- Early identification of risk & timely escalation

Through supervised hands-on practice and case-based discussions, participants will enhance their clinical interpretation, documentation skills, and ability to plan safe, individualized antenatal care.

HIGHLIGHTS

- Evidence-based teaching approach
- Case-based discussions
- Small-group interactive learning
- Supervised hands-on practice
- Structured pre and post assessment
- Certificate of participation



WHO WILL BENEFIT

- M. Sc Obgy (Nursing)
- B. Sc, GNM and Post Basic B. Sc Nursing Students
- AYUSH Doctors
- Nursing Faculty

 **14 MARCH (Saturday), 2026**

 **8.30 AM – 4.00 PM**

 **2ND FLR, CONFERENCE HALL, FERNANDEZ SCHOOL OF NURSING - NMTI.**

REGISTRATION FEES

Nursing Students	Doctors
₹ 600	₹ 1,500
Nursing Faculty and Professionals	
₹ 1,000	

Limited to **FIRST 20** participants only

HURRY RESERVE YOUR SEAT, TODAY!

<https://rzp.io/rzp/O4RZdUN3>



**Fernandez Hospital
Educational & Research
Foundation**



Contact information

Fernandez School of Nursing - NMIT

+91 7995666305 / +91 8008500598

admin.fsn@fernandez.foundation

principal.fsn@fernandez.foundation